

Tiffany M. Hylton, PhD, RDN, LDN

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Education

- **Texas Tech University**, Lubbock, TX
PhD, Nutritional Sciences
Dissertation: *Perceptions of Promoting Physical Health by Selected Christian Leaders: A Multi-Denominational Study*
August 2012 – May 2015
- **Louisiana Tech University**, Ruston, LA
MS, Nutrition and Dietetics
Thesis: *The Relationship between Obesity, Fat Intake, Physical Activity, and Self-Perception of Weight Status among Rural Adolescents*
July 2008 – May 2012
- **Louisiana Tech University**, Ruston, LA
BS, Nutrition and Dietetics
September 2004 – May 2008

Experience

- **Master's Program Director and Assistant Professor**, The University of Alabama, Tuscaloosa, AL
June 2017 – Present
Assistant Department Chair, January 2019 – Present
 - Advises all master's students
 - Serves as Assessment Coordinator for master's and PhD programs in Human Nutrition
 - Serves as Faculty Senate Alternate
 - Courses taught:
 - NHM 195 – Intro Dietetics Nutrition
 - NHM 340 – Community Nutrition
 - NHM 365 – Medical Nutrition Therapy I
 - NHM 441 – Nutrition Education
 - NHM 442 – Nutrition Care Process
 - NHM 491 – Directed Professional Study
 - NHM 555 – Maternal and Infant Nutrition
 - NHM 558 – Nutrition in the Prevention and Treatment of Chronic Disease
 - NHM 568 – Nutrition for the Older Adult
- **Affiliate Faculty Member**, Colorado Christian University, Lakewood, CO
February 2017 – June 2017
 - Course taught:
 - FNS 220 – Introduction to Nutrition
- **WIC Nutrition Consultant**, Jefferson County Department of Health, Birmingham, AL
July 2016 – May 2017

- **Online Course Developer**, Texas Tech University, Lubbock, TX
March 2016 – May 2017
 - Course developed:
NS 5370 - Proteins, Carbohydrates, and Lipids in Nutrition
- **Graduate Part-Time Instructor**, Texas Tech University, Lubbock, TX
January 2015 – May 2015
Course taught:
NS 2310 – Principles of Food Preparation
- **Texas Tech Teaching Effectiveness And Career Enhancement (TEACH) Program Fellow**,
Texas Tech University, Lubbock, TX
September 2014 – May 2015
- **Graduate Teaching Assistant**, Texas Tech University, Lubbock, TX
August 2013 – December 2014
 - Courses taught:
NS 1325 – Food, Nutrition, and Healthy Living
NS 2310 – Principles of Food Preparation
- **Graduate Research Assistant**, Texas Tech University, Lubbock, TX
August 2012 – August 2013
- **Clinical Dietitian**, Children’s Hospital, New Orleans, LA
August 2010 – December 2010
- **Dietetic Internship**, Louisiana Tech University, Shreveport, LA
July 2008 – May 2009
- **Undergraduate Research Assistant**, Louisiana Tech University, Ruston, LA
December 2005 – May 2008

Professional Credentials

- Registered Dietitian Nutritionist – Academy of Nutrition and Dietetics
2009 – Present
- Licensed Dietitian Nutritionist – Alabama Board of Examiners for Dietetics and Nutritionists
2016 – Present
- Licensed Dietitian Nutritionist – Louisiana Board of Examiners in Dietetics and Nutrition
2009 – 2017

Affiliations/Achievements/Awards

- Society for Nutrition Education and Behavior, 2018 – Present
- Academy of Nutrition and Dietetics, 2005 – Present
- Birmingham District Dietetic Association, 2016 – 2017

- Health Workers Association, 2016 – 2017
- Graduate Nutrition Organization Treasurer, September 2014 – May 2015
- Lubbock Academy of Nutrition and Dietetics, September 2012 – May 2015
- Graduate Nutrition Organization, January 2014 – May 2015
- Recipient of the Jane Williams Gamble and Joe Gamble Fellowship Endowment Scholarship, 2013-2014, 2014-2015

Professional Presentations and Publications

- Murimi, MW., Chrisman, M., **McAllister, T.**, McDonald, O. (2015) Fostering Healthy Lifestyles in the African American Population. *Health Education and Behavior*, Vol. 42(1):109-116
- Murimi, MW., Chrisman, M., Kelly Hughes, K., Taylor, C., Kim, Y., and L. **McAllister, T.** (2015) Effects of School-Based Point-of-Testing Counselling on Health Status Variables among Rural Adolescents. *Health Education Journal*, Vol. 74: 1-11
- Murimi, M., Chrisman, M., **McAllister, T.** (2014). The Effect of School-Based Point of Testing Counseling Intervention on Weight Status, Blood Lipid Profile, and Blood Pressure among Rural Adolescents. Oral presentation at 2014 Society of Public Health Education (SOPHE) Conference, Baltimore, MD, March 19-21.
- **McAllister, T.** & Murimi, M. (2013). School-Based Assessment of Dietary Intake, Physical Activity, and Self-Perception of Weight Status among Rural Adolescents. A poster presentation at the 2013 Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA). Ghent, Belgium, May 22-25.